



Friends Couple Enrichment Retreat

6 PM Friday
November 15, 2019
through
1 PM Sunday
November 17, 2019

There are few things more fulfilling in life than being deeply understood by the one who loves you, and deeply understanding the one you love. The Couple Enrichment Dialogue, in which we listen tenderly and speak authentically, is a spiritual practice that helps us gain this kind of deep understanding. If you would like to learn how to use the Couple Enrichment Dialogue to give and receive the gift of understanding with your beloved, and to introduce this spiritual practice to your partnership, please join us for this residential retreat. It will be a special time!

When:

We begin on Friday, November 15 at 6 pm and end with lunch on Sunday at 1 pm. We will finish each evening at 9 pm.

Where:

Weber Retreat Center, 1257 E. Siena Heights Drive, Adrian, MI 49221-1793. The center is close to Ann Arbor, Detroit, and Toledo, and is a one-hour drive from the Detroit Metropolitan Airport (DTW).

www.webercenter.org.

Cost: \$350 per couple covers rooms, food, and retreat costs.

Please note: In order to keep costs as low as possible, Merry and Peter are donating their time to this event and are not able to offer a discounted rate. However, more couples participating means that costs can be shared. Invite your friends so that the cost can be reduced for everyone! Limited to 10 couples.

Who:

Open to any committed couple, regardless of marital status, religious affiliation, gender identity, sexual orientation.



We are Merry Stanford and Peter Wood, of Red Cedar Friends Meeting in Lansing, Michigan, and have been leading Couple Enrichment events since 1995. Peter is a psychotherapist in full-time private practice, working with individuals and couples. Merry is a psychotherapist, spiritual director, and energy medicine practitioner. We have been married for 29 years, following previously failed marriages. We credit the Couple Enrichment dialogue process with helping us grow a healthy relationship through difficult as well as joyful times, while also growing individually. We have used the principles of Couple Enrichment to raise two children, now grown, and to help faith communities speak together about sensitive and divisive issues.

To pre-register or to ask questions, please contact us at <https://www.merrystanford.com/email-us.html>. To find out more about Couple Enrichment, and to see a sample of dialogue in action, view our Quaker Speak video! Go to <https://friendscoupleenrichment.wordpress.com/>.